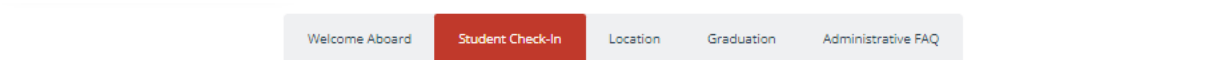


Welcome to Field Medical Training Battalion! For more than 100 years, young men and women have been answering the call to save lives on the battlefield. For the past 65 years, Corpsmen have been receiving training here at Field Medical Training Battalion.



### *Check-In Process*

Students are not assigned sponsors by FMTB-W, please reach out to your ultimate duty station via the contact info in your orders to receive a sponsor. See below for FMTB-W reporting, website, and contact info:

FMTB-W's check in location is at Valor Hall, Bldg 210730 off C Street in the 21 Area of Camp Pendleton in the applicable seasonal dress uniform.

If you are driving to FMTB-W, use Google Maps to navigate to Valor Hall. Transportation is not provided by the command outside the local area. If you are flying into San Diego (as most students do) the best transportation option is a shuttle that departs from the USO which is located in Terminal #1 of the San Diego International Airport and is open Mon-Fri: 6:00am - 10:00pm & Sat-Sun: 8:00am - 5:00pm.

The USO assists with the transportation from the airport to anywhere in Camp Pendleton. From the airport, pick-up location is at the USO (terminal #1) approximately \$40.00 one way to anywhere around the base. Pick-up times are available Mondays thru Sunday: 12:00 p.m., 5:00 p.m., and 10:00 p.m. For more information call the USO at (619) 296-3192 or SeaBreeze Shuttle at (619) 244-9749.

If there is no shuttle, you can also take a cab/uber, if stopped at the main gate, call the OOD at 760-213-1897 for assistance upon arrival.

Please keep your receipts as you will need them for travel claim reimbursement at your ultimate duty station.

Please review the command website for more information for students to include gear, address, PT, graduation information, etc.

If you have any further questions that were not answered on the website, please email us at [fmtb-w.s-1.pgs@usmc.mil](mailto:fmtb-w.s-1.pgs@usmc.mil), thank you.

Download PDF version for student check-in procedures.

Welcome Aboard

Student Check-In

Location

Graduation

Administrative FAQ

## LOCATION

Field Medical Training Battalion-West, Valor Hall (BLDG 210730), is located aboard Camp Del Mar (21 Area), which is part of Marine Corps Base Camp Pendleton, California. Camp Del Mar is home to I Marine Expeditionary Force Headquarters, 1st Marine Headquarters Group, Assault Amphibious School and many other units. Camp Del Mar is on the Southwest part of Camp Pendleton, between the I-5 Interstate and the Pacific Ocean. Camp Pendleton is located approx. 35 miles north of San Diego and approximately 63 miles south of Los Angeles. Camp Pendleton is the largest amphibious base in the world with over 25 miles of ocean front. The four cities that lay around Camp Pendleton are: Oceanside to the Southeast; Vista to the Southwest; Fallbrook to the East; and San Clemente to the North.

## DRIVING DIRECTIONS

FMTB-W is located in the 21 Area aboard Camp Pendleton. Google Maps Location (Valor Hall).

From San Diego Airport take I-5 north to Oceanside and follow the signs to Camp Pendleton. Once on board stay immediately to the right, following the sign for Del Mar. Take the ramp up and over the main road to the 21 Area/Del Mar. Make a left at 8th Street and follow the road until you see the building on the left-hand side. The schoolhouse is located near the headquarters building with the large flagpole.

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## S-1 ADMINISTRATION AND PERSONNEL

(760) 763-0175

Email: [fmtb-w.s-1.pgs@usmc.mil](mailto:fmtb-w.s-1.pgs@usmc.mil)

## PAY

1. BAS will stop for all students while attending FMTB-W regardless of paygrade.

BAS. Every student will have a meal deduction of \$10.50 a day while attending FMTB-W. The total amount for the month will be between \$310 to \$325 depending on the number of days in a month.

## 2. BAH.

- If you currently have dependents, your BAH will continue at the rate of your previous Permanent Duty Station (PDS) unless your Ultimate duty Station (UDS) is Camp Pendleton, CA. All personnel with their UDS as Camp Pendleton will receive BAH w/ dependent at the rate of Camp Pendleton.
- Members married military to military that are not within the vicinity of their UDS will only receive BAH- Transit. If your married military to military, your UDS is Camp Pendleton, CA and you have an established residence you may request single BAH.
- If you do not have a dependent, you are authorized BAH- Transit when in travel, leave in route, or proceed time status while transferring between duty stations.

3. Family Separation Allowance-Temporary (FSA-T). FSA-T is authorized when a Sailor is on temporary duty continuously for more than 30 days away from their UDS.

4. TRAVEL CLAIMS: Travel Claims will not be liquidated while at FMTB-W.

5. Updating Page 2: Your page 2 must be updated via NSIPS RED/DA. Once submitted, please notify S-1.

## FLIGHTS

1. The S-1 will coordinate air travel if you do not receive a flight from your previous command.
2. All flight changes must be coordinated through S-1.
3. If your UDS is overseas, please ensure you provide a copy of your overseas screening (NAVPERS 1300/16) to S-1 upon check-in.

## EDUCATIONAL SERVICES OFFICER (ESO)

1. Bring hard copies of your transfer/detaching evaluations and any approved/signed award certificates prior to arriving at FMTB-W to be uploaded in your Enlisted Advancement Worksheets (EAW) on NSIPS website.
2. Ensure that you verify accuracy of information reflected on your EAW by logging on the Navy Standard Integrated Personnel System (NSIPS) website prior to detaching from your command. Familiarize yourself on how to navigate through your EAW on NSIPS in addition to uploading documents such as evals and/or signed awarded citations.
3. Also verify your eligibility status of advancement. Remember that it is your primary responsibility to manage your own career especially as the Navy transitions to self-service information systems.
4. Inform your current ESO to transfer your EAW to Unit Identification Code (UIC) 65988, Fld

Medial Trg Battalion west.

5. Obtain your current duty station ESO's contact information (phone number and e-mail address).
6. Obtain a reliable contact information from your current duty station in case you need to request additional copies of evaluations or award citations (i.e. your LPO, LCPO, etc.).
7. Professional Military Knowledge (PMK-EE) should be completed per the most recent NAVADMIN. For information on Early Promote (EP) Time-In-Rate waivers please see the most recent NAVADMIN.
8. Per BUPERSINST 1430.16G, paragraph 308.b, for new accessions that have graduated from "A" School and are eligible for this cycle and do not have a current evaluation in paygrade, a PMA of 3.60 may be assigned. This PMA will be used solely for this cycle and will not be utilized in future PMA computations.
9. The months for Navy-Wide Advancement Exams (NWAE) are March and September (E-5 and E-6 exams). E-4 are no longer required to take an exam but must still complete their PMK-EE. However, there exists a strong possibility that you may end up taking a substitute exam instead due to the Field Medical Service Technicians (FMST) class schedule.
10. Contact My Navy Career Center at (833)330-6622 or askmncc@navy.mil for Enlisted Advancement Worksheet (EAW) questions/further guidance.

### ORDERS/CCC

1. Sponsorship is not provided for inbound students. Please reference your orders for the FMTB-W OOD contact information and the sponsorship email (listed above on this page).
2. Order swaps, modifications, and spouse co-location are NOT authorized during the course. Coordinate such requests prior to your arrival at FMTB-W.
3. Reenlistments/Extensions, CWAY, Selective Reenlistment Bonus (SRB), and must be completed prior to reporting.
4. Complete all CANTRAC and PCS transfer requirements PRIOR to FMTB-W as per the joint Travel regulations and MILPERSMAN 1300 Series.
5. For fleet Returnees who have been approved for Obliserv-To-Train L03A, bring a copy of all supporting documents, and have a point of contact for the CCC to manage the Sailors exception to policy upon arrival.



During this 10-week course, you will receive a mix of classroom and field training. Emphasis is placed on learning field medicine by using the principles of Tactical Combat Casualty Care (TCCC). Topics include Care Under Fire, Tactical Field Care, Tactical Evacuation of combat casualties and the establishment and functions of the unit aid station. Students will also learn the necessary skills to operate and survive in a combat environment. This includes field sanitation, preventive medicine, CBRN defense medical requirements, communications and security. Students will also be familiarized with USMC history and organization. Additionally, training will include general military subjects, individual and small unit tactics, military drills, physical training/conditioning and weapons familiarization with the opportunity to fire the M16/M4 service rifle. Completion of FMST results in the student receiving Navy Enlisted Classification HM-L03A.

Commanding Officer  
Field Medical Training Battalion  
PO Box 555243  
Camp Pendleton CA 92055

During Working Hours: 760-763-0175  
After Working Hours: 760-213-1897 (OOD)

Administrative Office: [fmtb-w\\_s-1\\_distro@usmc.mil](mailto:fmtb-w_s-1_distro@usmc.mil)

## CIVILIAN ATTIRE

Proper civilian attire must be worn when you are authorized liberty. Proper civilian attire is defined as clothing that does not bring discredit upon yourself or the military. Clothing that is frayed or in disrepair is not authorized. Also, if your pants or shorts have belt loops, you are expected to wear a belt. PT gear will not be worn as civilian attire. You represent the Navy, in and out of uniform, so take pride in your personal bearing and appearance.

## WHAT TO BRING

- Complete Navy issued sea bag
- Stamped Orders
- Last Evaluation (Transfer)

- Flight information for follow on orders if OCONUS
- Lease agreement (for members living out in town)
- 2 Combination locks
- Shower shoes

### RECOMMENDED ITEMS

- Good pair of running shoes with white socks (no basketball shoes)
- Flashlight with red lens
- Pen and highlighter
- 4 Sets of boot bands
- 1 Mesh laundry bag
- Sufficient amount of toiletry items to provide for your personal comfort during the training period
- 1 Set of dog tags (red tags for allergies)
- Necessary individual medical equipment and medication (EPI pen, inhalers, etc.,)
- Sunscreen
- Wristwatch (smart watches are not authorized throughout the training day)
- 2 Towels
- Navy PT sweats (top and bottom)

### ISSUED AFTER ARRIVAL

Students will check-in in dress uniform. The first day of class you will wear the Navy Working Uniform (NWU) and the Navy PTU for the BCA (you must have a current PHA before checking in), please ensure these items are ready to go. You will wear the NWU until the below items are received. You will be issued the following items the first week of class:

- 1 Belt reflective
- 2 Insignia, service uniform collar
- 1 Pair of Infantry Combat boots
- 1 Pair of hot weather boots
- 2 Utility Covers (1 Woodland and 1 Desert)
- 2 Booney Covers (1 Woodland and 1 Desert)
- 4 Combat Utility Blouses (2 Woodland and 2 Desert)
- 4 Combat Utility Trousers (2 Woodland and 2 Desert)

- 6 Pairs of cushion sole socks
- 4 Sets name tapes (2 Woodland and 2 Desert)
- 6 Green undershirts (3 cotton and 3 synthetic)
- 1 USMC Sweater
- 1 Pair of green shorts
- 1 Marine Corps sweat suit (top and bottom)
- 1 Web belt
- 1 Belt buckle

All students must have a Periodical Health Assessment (PHA) conducted prior to leaving their current command. Students are also required to be within BCA standards and pass the Navy PRT using the run cardio model; no alternative cardio option is authorized. Body Composition Assessments (BCAs) will be conducted the first day of the course and students outside of the age adjusted body fat percentage will be recommended for administrative paperwork and recycled or disenrolled from the course.

As with any Marine Corps command, physical training is a large and very important part of Fleet Marine Force (FMF) training and education. This course is physically demanding and preparation prior to reporting is essential. A daily routine of running two to four miles, sit-ups, and push-ups should be adequate to prepare you. Over the 10-week course, FMST students will hike over 20 miles with full combat load, conduct a Navy PFA, and group PT.

Upon receiving orders to attend Field Medical Training Battalion-West, you should begin working out on your own and training to best prepare yourself for the physical training standards you are expected to meet. FMTB-West conducts multiple rigorous physical training sessions, a Navy Physical Readiness Test, and 1 tested hike with 45 lbs.

First and foremost, the Navy Physical Health Assessment (PHA) is a requirement to take this course and needs to be completed if it is expired or will be expired during the duration of the course.

To complete head to the following link: <https://data.nmcphc.med.navy.mil/pha>

As Corpsman serving with the Fleet Marine Force, there will be Marines who's lives you will be responsible for. Physical Fitness and preparedness is just as important as your level of medical competency. You will be trained and prepared for both.